

## 'My Outdoor Classroom' Lesson Plan

### Health and Physical Education/ Foundation/ Movement and Physical Activity/ Learning through movement

- Rules when participating in physical activities:
  - Use of boundaries / Safe use of appropriate equipment / Responding to a whistle and commands/instructions (ACPMP014)
- Simple rules and fair play in partner, group activities and minor games (ACPMP032)
- Fundamental movement skills involving the control of objects in simple games:
  - Overarm throw (ACPMP027)

*Elaborate on, extend and integrate this activity with other learning where possible.*

# Sponge Bullseye

## Lower Primary Activity 2

### Resources:

- Printed 'My Outdoor Classroom' Nature Passport booklets
- Chalk
- A bucket of water
- Sponges

Class : .....

Date : .....

Weather : .....

### Introduction

This activity is best completed on a hot day - a great excuse to get wet and messy outside! Find an open space in your schoolyard... it's time for a game of sponge bullseye!

### Before You Head Out



*Consider using a camera or the Nature Passport App to take photos and record the activity (See the Reflection/Discussion section for further details).*

- **Safety first** - make it clear that the sponges are not to be thrown at other students, a sponge to the head can be quite a shock and can really hurt!

### Sponge Bullseye Activity Steps

1

As a class, find an open space in your schoolyard, like a square or empty sports court.

2

Draw a target on the floor with some coloured chalk. Make sure to draw a series of concentric circles (increasingly larger circles surrounding each other around the same centre), so that the target has different scoring zones.

3

Come up with a scoring system as a group, and write the point values on the ground next to your target, or on each arc.

4

Take turns with classmates and friends to dip a sponge in a bucket of water.

5

Throw the sponges at the target. Aim for the middle ring “bullseye” to get more points.

6

Keep a running tally of your scores.

7

If your class is ready to increase the challenge - why not change the distances you start from, or change your throwing technique (switch hands or try throwing underarm or overarm)?



You can download the free **Nature Passport** app on both the **App Store** and **Google Play Store** to complete this activity and many more!

Visit the website at [www.naturepassport.org](http://www.naturepassport.org), where you'll find lots of useful information for families and teachers on how best to use Nature Passport.

### Reflection/Discussion

#### *Literacy: Language Experience*

- As a class, reflect on the vocabulary used when playing sponge bullseye. Write the words down to create a vocabulary wall. Consider adding photos of the class playing sponge bullseye.
- Look back at photos of the students playing sponge bullseye and talk about the steps that were involved in playing the game.
- Ask the children to draw a picture of themselves playing sponge bullseye and, in their own words, recount the experience. Write their experience down using the students' own language as much as possible.
- Later, students might write their own text based on the experience which you can re-read and edit with them.

## Teacher Observations

- What worked well:
- What I would do differently next time:

An initiative of



supported by



Department of  
Local Government, Sport  
and Cultural Industries



Department of  
Education

The development of this lesson  
plan is proudly supported by  
the Department of Education.

Print the Nature Passport Booklets for  
your students to use with this lesson!

