

'My Outdoor Classroom' Lesson Plan

Health and Physical Education

- Fundamental movement skills demonstrating adjustment of force and speed to improve accuracy and control (ACPMP061; ACPMP065)

Elaborate on, extend and integrate this activity with other learning where possible.

Sponge Bullseye

Upper Primary

Activity 2

Resources:

- Printed 'My Outdoor Classroom' Nature Passport booklets
- Chalk
- Sponges
- A bucket of water

Class :

Date :

Weather :

Introduction

This activity is best completed on a hot day - a great excuse to get wet and messy outside! Find an open space in your schoolyard... it's time for a game of sponge bullseye!

Before You Head Out



Consider using a camera or the Nature Passport App to take photos and record the activity (See the Reflection/Discussion section for further details).

- Safety first** - make it clear that the sponges are not to be thrown at other students, a sponge to the head can be quite a shock and can really hurt!

Sponge Bullseye Activity Steps

1

As a class, find an open space in your schoolyard, like a square or empty sports court.

2

Draw a target on the floor with some coloured chalk. Make sure to draw a series of concentric circles (increasingly larger circles surrounding each other around the same centre), so that the target has different scoring zones.

3

Come up with a scoring system as a group, and write the point values on the ground next to your target, or on each arc.

4

Take turns with classmates and friends to dip a sponge in a bucket of water.

5

Throw the sponges at the target. Aim for the middle ring “bullseye” to get more points.

6

Keep a running tally of your scores.

7

If your class is ready to increase the challenge - why not change the distances you start from, or change your throwing technique (switch hands or try throwing underarm or overarm)?



You can download the free **Nature Passport** app on both the **App Store** and **Google Play Store** to complete this activity and many more!

Visit the website at www.naturepassport.org, where you'll find lots of useful information for families and teachers on how best to use Nature Passport.

Reflection/Discussion

Literacy: Language Experience

- Ask students to write about their experience playing sponge bullseye. Encourage them to elaborate and extend on their text by reminding them that their writing will provide information for those who did not directly share in the experience.
- Before getting started, as a class, you might want to reflect on some of the vocabulary students used while playing sponge bullseye. You might also ask students to draw a picture of themselves playing sponge bullseye and to label it (eg: sponge, target, me, points system etc.).
- If you've taken photos, print them off and have students add them to their Nature Passport booklet or Field Journal, with a caption outlining who is in the photo and what they are doing.

